

Deborah's House Mission Statement:

Deborah's House supports women who have completed an in-patient program for their ongoing recovery from the disease of addiction by providing a safe sober-living home, spiritual mentoring and modeling life skills for their continued success.

Deborah's House, a ministry of Travis Park United Methodist Church, is for women who are in recovery from addiction. We provide housing for four to eight months with rent based on a sliding scale, not to exceed \$300.00 per month.

Our residents must agree to abide by all Deborah's House (DH) rules and guidelines. We have zero tolerance for drugs, alcohol, sexual activity or anything illegal. There is a 10:00 p.m. curfew Sunday through Thursday (12:00 a.m. on weekends), random drug/breathalyzer tests, random room inspections, mandatory household chores, volunteer work, and employment or participation in a training program. No visitors are allowed in the residence.

We require each resident to regularly attend 12-step meetings and work the steps with a sponsor. This will be confirmed by DH staff. Each week the resident is required to participate in a faith community of their choice. Developing a wide network of support greatly reduces the possibility of relapse. Additionally, the resident will participate weekly in the Genesis Process, a faith-based relapse prevention program. The resident will be paired with a Genesis-trained mentor who will assist in her spiritual journey as the resident completes the Genesis Process workbook. Residents will meet with their mentor weekly. DH is a faith-based ministry - not simply a place to live. We believe our residents can transform their lives, if they are willing to go to any length and trust God. Our residents must believe this, as well.

DH believes transformation occurs only when women *commit* themselves to the process of recovery, of which we believe there are four vital components:

- **Sobriety:** Our residents must have completed an in-patient recovery program immediately prior to entering DH and continue to actively participate in a 12-step program.
- **Safety:** DH must provide a safe environment for our residents to heal and grow.
- **Spirituality:** DH residents must become part of a faith community that will sustain them and support them in times of trial and temptation.
- **Solvency:** DH believes that earning a decent wage, one that provides self-sufficiency, will give DH graduates the confidence and financial stability to maintain their sobriety.

General Information (Return this page. Use back page if necessary)

Your Name: _____

Date of Birth: _____ Driver License #: _____

Phone #: _____ Anticipated move-in date: _____

Number of children/ages: _____

Who has guardianship/custody: _____

Emergency Contact: _____ Relationship: _____

Address: _____

Emergency Contact #: _____

Referring Agency: _____

Agency Contact's Name/Title/Phone: _____

Current date of sobriety: _____ 12-steps completed to date: _____

Drug(s) of choice: _____ Age abuse began: _____

Prior substance abuse treatment, including detox: _____

Do you have any other compulsive behaviors (gambling, sex, food, etc.)? _____

Prior employment and job skills: _____

Do you have a source of current income? _____

Religious background and beliefs: _____

Are you a member of any church? If so, please list: _____

List *all* prescribed medications: _____

Describe any health issues: _____

Have you served in the military? _____ Do you have a DD214? _____

If currently incarcerated, expected release date: _____ Charge(s)? _____

Prior criminal history (approximate dates, charges and convictions): _____

Will you be on: Probation _____ Parole _____ Discharge _____

Please share anything else that you would like us to know about you: _____
